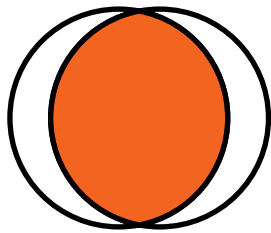
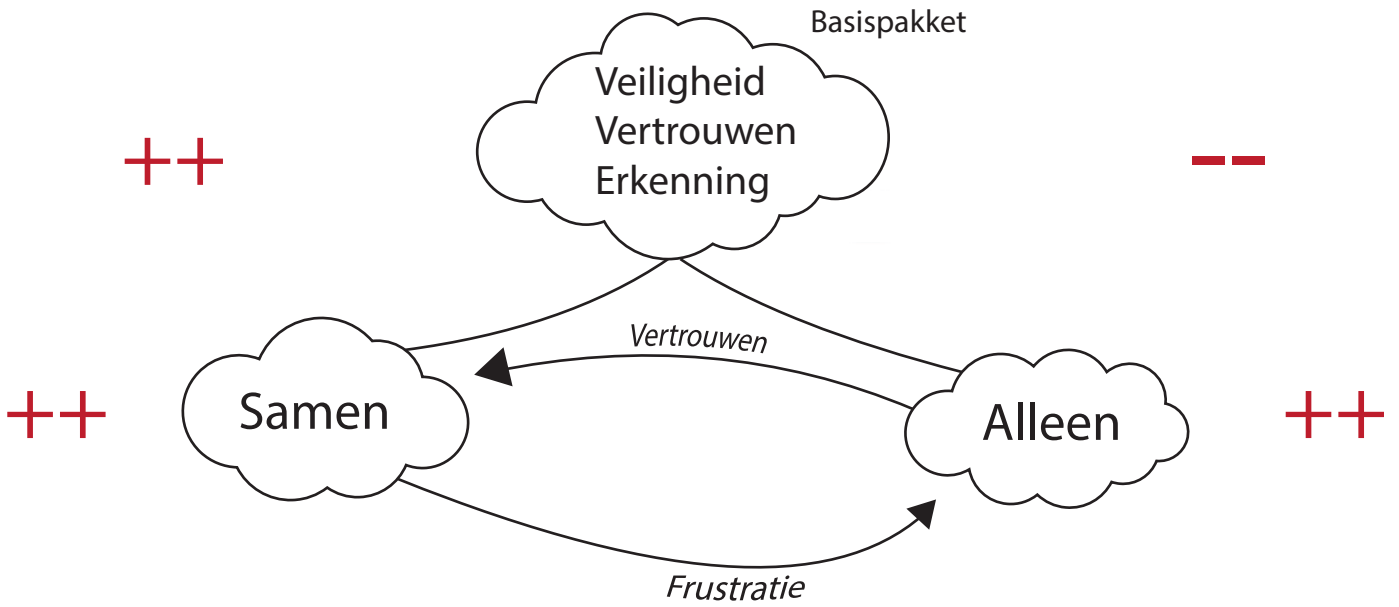




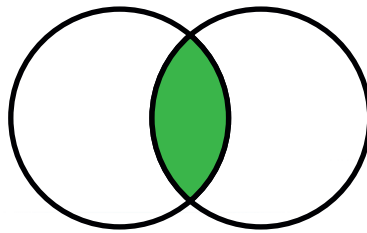
# BASISPAKKET & HECHTING

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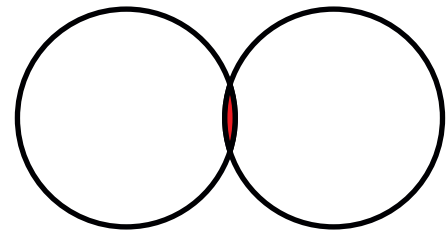
De blokkade tussen leven in intimiteit en schijnintimiteit is angst.



Angstige hechting

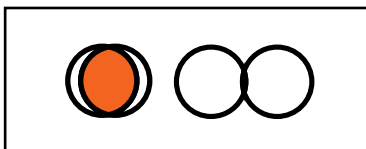


Veilige hechting



Vermijdende hechting

Gedesorganiseerde hechting:



1. Wat speelt er?

2. Van wie is het?

- Van mij?
- Van ons?
- Van jou?